From Dr. Escudé...

Medications and their Impact on Skin Integrity and Wound Healing

Below is a listing of some medications that have an association with skin integrity.

Medications that can IMPAIR wound healing:

- Antibiotics
- Anticoagulants
- Anti-neoplastics
- Antiplatelets
- Anti-rheumatoid arthritis drugs
- Colchicine
- Immunosuppressants
- Nicotine
- Nonsteroidal anti-inflammatory drugs
- Topical corticosteroids
- Vasoconstrictors

Medications that can IMPROVE wound healing

- Growth factors
- Hemorrheologics
- Phenytoin
- Prostaglandins
- Pentoxifylline & other methylxanthines
- Retinoids
- Sex hormones
- Vitamin A
- Vitamin C
- Zinc

Medications that can alter alertness and possibly decrease movement which can lead to pressure injuries

- Anticonvulsants
- Antidepressants
- Antiemetics
- Antihistamines
- Antipsychotics
• Anxiolytics
• Opioid analgesics
• Skeletal muscle relaxants

Considering the impact that medications have in other areas of the body is important to overall health and well-being.

Thanks for your careful attention to helping improve the lives of people we support.

Adapted from the Health Services Advisory Group Inc. document *Skin Integrity and Medications: A Closer Look*

Dr. Escudé has dedicated his career to providing healthcare for people with IDD and other vulnerable populations and teaches on the subject throughout the country.